



IN THIS EDITION



- Out-of-network Coverage Changes
- Dependent Care FSA for summer camps
- Healthcare FSA expenses for year 2025 deadline
- Wellness Seminars
- Financial Wellness Seminars
- In-person TIAA meetings



Benefits



Out-of-network Coverage Changes Effective August 1, 2026

Effective **August 1, 2026**, ICUBA will implement a medical plan change to support long-term affordability and sustainability of healthcare coverage.

Non-emergency out-of-network medical and behavioral health services will no longer be covered under the **Preferred PPO Plan** and **High-Deductible PPO Plan**.



- All in-network providers and facilities will stay the same.
- Emergency services will continue being covered for both in-network and out-of-network.

Click [HERE](#) to view the official letter ICUBA is mailing to all enrollees

WHAT YOU CAN DO

- Verify that your providers and facilities are **in-network**.
- Request a **Transition of Care** consideration through Florida Blue if you are receiving ongoing treatment from an out-of-network provider.
- Confirm that clinical labwork is sent to **Quest Diagnostics**.
- Use **My Health Toolkit** to search for providers.
- Use **Embold Health** to identify high-quality providers in your area.



NEED ASSISTANCE?

If you have questions about this change, need help locating in-network providers or believe you may qualify for an exception, please contact **Care Connected** at **855-258-9029** or contact us at loa@nova.edu

DID YOU KNOW?

If you have a **Dependent Care Flexible Spending Account**, you can use it to pay for summer camps!

[Visit our page for more information](#)

For the **2025 benefits plan year** (April 1, 2025 - March 31, 2026), you can incur expenses through **June 15, 2026** and file claims until **June 30, 2026**





Wellness

ICUBA Cancer Care Journey *Resource Guide*



Breathe deep and take it one step at a time - You're not alone!

A cancer diagnosis can feel overwhelming and leave you with a whirlwind of questions and emotions. This guide is designed to be your companion on the cancer care journey, offering information and resources every step of the way - from understanding your diagnosis to exploring options and finding support

Summer Wellness Seminars



**Employee Wellness Seminar with HCA:
Hematological and Cancer Screening**

June 24, 2026 @ 12pm - [Click here to register](#)

**Employee Wellness Seminar with KPCOM:
Community Opioid Awareness and Prevention Reducing Risks**

June 25, 2026 @ 12pm - [Click here to register](#)



Save the Date:

Onsite biometric screening coming to main campus **August 13th** and **September 10th**



Retirement

SUMMER 2026

FINANCIAL WEBINARS



Click on the time to register

TIAA

Set your retirement date:
understanding the factors

Wednesday, June 10 - [12pm ET](#)

Identity theft: safeguarding your
finances

Thursday, June 25 - [11pm ET](#)

Investing for beginners: start your
wealth journey

Tuesday, July 7 - [11am ET](#)

Steps to help secure your income in
retirement

Wednesday, July 22 - [12pm ET](#)

Live long and prosper: understanding
longevity

Thursday, August 6 - [12pm ET](#)

Take control of your financial life: 5
steps to save and manage debt

Tuesday, August 18 - [11am ET](#)

CAPTRUST

Ask Captrust: Annuities - Taking a
deeper Dive

Wednesday, July 15 - [1pm ET](#)

Understanding Medicare and Social
Security

Wednesday, August 19 - [1pm ET](#)

BANK OF AMERICA

Retire on Your Terms

Tuesday, August 18 - [11am ET](#)

Tuesday, August 18 - [4pm ET](#)

Cyber Security Awareness

Wednesday, August 19 - [11am ET](#)

Wednesday, August 19 - [4pm ET](#)

Understanding Social Security

Thursday, August 20 - [11am ET](#)

Thursday, August 20 - [4pm ET](#)



TIAA In-Person Campus Visit

Schedule a meeting with Julian Castillo, financial consultant and retirement advice expert from TIAA to review your investments, discuss your retirement plan, and address any questions you may have regarding your TIAA accounts.

Review the schedule below and click [HERE](#) to schedule the meeting.

**Tuesday, June 9 | Davie Campus – Carl DeSantis Building
Room 3098 (inside Faculty Offices / Adjunct Room Area)**

**Wednesday, June 10 | Davie Campus – Terry Administration Bldg.
HPD Executive Board Room 1509, 5th Floor**

**Thursday, June 18 | Davie Campus – Campus Support Building
Physical Plant, Conference Room 130**

**Thursday, June 25 | Oceanographic Campus
(TENTATIVELY – Awaiting confirmation)**

**Tuesday, June 30 | Davie Campus – Carl DeSantis Building
Room 3098 (inside Faculty Offices / Adjunct Room Area)**



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